

Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

August 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3) <u>Meatless Mondays</u> - Bowtie ww Pasta With Marinara Sauce ½ c Cucumber Slices Green Bean 1/2c, Apple DF: Turkey Sandwich	4) Fish Sticks (4 ea.) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c Chilled Fruit or Orange (4 oz.)	5) ww Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	6) Chicken Stir Fry 4 oz Yellow Rice ½ c Broccoli ½ c Fruit 4 oz Sliced Peaches VE: Veg-Burger	7) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
10) <u>Meatless Mondays</u> Ww Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Apple DF: Turkey Sandwich	11) Turkey and Cheese on Wheat Bread 1ea. Veggie Beans ½ c, Sweet Potato ½ c, Fruit Cocktail ¼ c VE: Cheese on Wheat	12) <u>Chicken Barbeque</u> Brown Rice ½ c Peas & Carrots ½ c Fruit 4 oz Peaches VE: Veg-Slider W/Cheese	13) ww Spaghetti W/Turkey Sauce 4oz, Green Beans ½ c Fruit 4 oz Apple VE: Without Meat	14) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Oranges DF: Turkey Sandwich
17) <u>Meatless Mondays</u> Ww Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	18) Chicken Nuggets 4ea. Broccoli ½ c, Wheat Bread 1ea. French Fried Potatoes ½ Fruit Cocktail ¼ c VE: Veg-Nuggets	19) Fish Sticks (4ea) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c Chilled Fruit or Orange (4 oz.)	20) Turkey Meatloaf (4 oz) w/Gravy, Brown Rice ½ c Broccoli ½ c, Melon ¼ c VE: Veg-Burger	21) ww Cheese Pizza 1 Slice, Garden Salad ½ c with, Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
24) <u>Meatless Mondays</u> Ww Cheese Stuffed Ravioli ½ c W/Marinara Sauce Green Beans ½ c Fruit Banana 4 oz	25) Honey BBQ Chicken 4 oz Mashed Potatoes ½ c, Wheat Bread 1ea., Broccoli ½ c Fruit 4oz Sliced Peaches VE: Veg-Burger	26) ww Spaghetti W/Turkey Sauce 4oz, Peas & Carrots ½ c Fruit 4oz Fruit Cocktail VE: Without Meat	27) Chicken Nuggets 4ea Sweet Potatoes' Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	28) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
31) <u>Meatless Mondays</u> Alfredo ww Pasta ½ c Cucumber Slices ½ c Carrots ½ c 4 oz Peach DF: Turkey Sandwich				1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk

Healthy Bytes LLC 855 Hamilton St. Somerset, NJ 08873

of foodborne illness, especially if you have certain medical conditions.

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk

This institution is an equal opportunity provider. NOTE: Menu items may

change based on purveyor product availability. **We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.**